

Contents

Acknowledgements	9
Preface	11
Resilience Research: The Need for a Narrative Turn	13
BIBLIOGRAPHY	31
Life Sciences and Narratives of Resilience	35
Resilience Research in the Present Project	44
BIBLIOGRAPHY	45
Narrative Enquiry on the Theme of Resilience in Fiction	51
Reading for Resilience in Narratives	55
<i>Power of Sympathy</i> and Resistance	62
<i>Moby-Dick</i> and the Dark Side of Resilience	73
Captain Ahab: The Epitome of a Paradox	74
Captain Ahab, the Self-Enhancer	77
Captain Ahab: Negative Appraisal and Hubris	80
Captain Ahab, the Self-Created Prometheus	82
The Great Captain Ahab in Solitude	84
Identity and Heritage: <i>Song of Solomon</i>	86
Pilate	90
The Role of Agentic Characters in Resilience: Pilate's Happy Solitude	91
Self-Efficacy and Cultural Heritage	93
Ruth: Self-Manipulation	95

Milkman: Macon III Dead	98
Macon II	105
<i>Middlesex</i> : A Resilience Reading	109
Protective Factors – The Personal Level: Coping Strategies	112
Desdemona’s Eternal Suffering	113
Lefty and His Sister-Wife	119
Calliope/Cal	123
Protective Factors – The Socioecological Level	127
Role of Family Background and Traditions	127
The Importance of Place	128
BIBLIOGRAPHY	130
A Memoir-Based Reading of Human Resilience	143
Tara’s Story.....	146
Ego or Personality Resiliency	148
Having a Voice.....	148
Coping Mechanism and an Educated Perception of the Self	151
Resilience as a Process	154
Role of Social Support	154
“Odds are Better if You Rely Only on Yourself”	161
BIBLIOGRAPHY	165
Resilience in Times of Economic Boom and Bust	167
Resilience in Times of Economic Boom and Bust	174
Narrative, Narrative Identity, and Resilience	177
Agency	179
Communion	180
Meaning making	180
Exploratory narrative processing.....	180
Coherent positive resolution	181
Redemption	182
Contamination.....	182
Methodology	182
Sample, Study Design, Procedure	184
Narrative Analysis – The Complexity of Boom-Bust Adjustment	186

Analysis of Narratives: Complexity of Boom-Bust Adjustment	191
Agency	191
Communion	193
Redemption & Meaning making	193
Exploratory narrative processing.....	195
Coherent positive resolution	195
Contamination.....	196
Discussion	196
Conclusion	199
Appendix A	
(examples from the Interview Guide)	201
BIBLIOGRAPHY	203
Concluding Remarks	213
A Narrative Analysis of a Narrative Study of Resilience	214
Education	214
Social Support, Family, and Communion	216
Ego-Resilience	218
An Analysis of Narratives on a Narrative Study of Resilience	222
Resilience within the Life Sciences and Life Writing	224
BIBLIOGRAPHY	229

