



Adrian J. Neumann

The Rings of Resilience Model

Proposing a New Framework to Build,
Strengthen and Sustain Strategic Resilience
in Countries Faced with Terrorism



Nomos

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Preface and Acknowledgments

Writing this book has been a labour of passion, dedication and resilience. When I first delved into the complex world of building resilience in open societies in 2015, Europe was grappling with an escalating terrorist threat from Daesh. Devastating attacks in France and the UK were a stark reminder of the urgency of our mission. Although Germany had remained relatively unscathed by large-scale attacks until December 2016, the spectre of violence loomed.

I became convinced that in the context of an open society like Germany, traditional defensive measures and target hardening were not sufficient. We needed a paradigm shift to address this threat - a new approach to mitigate the impact of inevitable future dangers. But where was the answer? The search for it was my driving force in embarking on this scientific endeavour - to create knowledge through science, in the belief that true impact lies in understanding and proactive action.

Although I am the sole author of this work, I have not done it alone. Every academic work builds on the knowledge of those who came before us and the wisdom shared by others.

I am deeply grateful to the scholars whose research and insights I have been able to draw upon in my work. Special thanks go to Professor Herfried Münkler and Dr Felix Wassermann for their work on strategic resilience, which paved the way for this work.

I would like to express my sincere gratitude to my former colleagues at the Institute for Security Policy at the University of Kiel (ISPK), where I found my academic home. Under the academic leadership of my supervisor, Professor Joachim Krause, and the prudent management of Dr Stefan Hansen, ISPK provided a unique research environment. During my time at ISPK, I was inspired by its inquisitive and open, yet distinctively values-based approach, and benefited from the institute's long-standing expertise in the field of radicalisation and terrorism.

My fellow doctoral students became intellectual companions on the journey. Among them, Dr Sebastian Bruns stood out - a seasoned academic and an invaluable sounding board for bold ideas whose wisdom enriched my perspective. In addition, my Austro-American colleague, Dr Jeremy Stöß, played a pivotal role, generously sharing his knowledge and experience.

Preface and Acknowledgments

When tragedy struck - the untimely death of my second supervisor, Professor Edward Keynes – Professor Jan Asmussen stepped in. His generosity with his time and critical feedback ensured that my work progressed despite many challenges including administrative hurdles and the pandemic. His mentorship has been a beacon of light.

The Konrad Adenauer Foundation's fellowship programme "Security and Development in the 21st Century" also played a key role in the preparation of this work. Under the leadership of Professor Beate Neuss, the programme not only provided essential funding but also fostered a vibrant community. Discussions and feedback from experienced academics such as Professor Beate Neuss, Professor Stephan Bierling and Professor Nikolaus Werz, as well as professionals and academics from the Konrad Adenauer Foundation Network, enriched my work and broadened my horizons. I would like to also thank the programme manager, Dr Šimon Bačkovský, and especially my colleague, Dr Margarita Cuervo, who gave generously of their time.

Finally, my deepest appreciation goes to my parents, Madeleine and Rolf. Their unwavering support and genuine interest have sustained me throughout this long journey. Cheering me on and encouraging me have helped to fuel my determination, and their eagle-eyed proofreading has measurably improved this work. Without their belief in me and their support over many years, this work would not have been possible.

In writing these acknowledgements, I've tried to capture the essence of everyone who played a role in this work. However, if I've inadvertently missed anyone here, please understand that this was unintentional, and that I am truly grateful.

As you delve into the pages ahead, I invite you to explore the timeless concepts and models discussed here. May they help to shape our understanding and build resilience against the constantly evolving threat of terrorism.

Table of Contents

Acronyms and Abbreviations	21
1. Chapter: Research Question & Approach	25
1.1. Description of the Problem	25
1.2. Approach Strategic Resilience	31
1.3. Research Questions	39
2. Chapter: Methodological Approach & Case Selection Rationale	43
3. Chapter: Definitions and Limitations	47
3.1. Introduction	47
3.2. Definitions	47
3.2.1. Terrorism	47
3.2.2. Jihadi Terrorism	49
3.2.3. Resilience	54
3.2.4. Strategic Resilience	63
3.3. Limitations	65
4. Chapter: Theories and Models	69
4.1. Introduction	69
4.2. Identification and Selection	69
4.3. Analysis	71
4.3.1. Model of Global and Situational Meaning	71
4.3.2. Just-World-Beliefs Theory	83
4.3.3. Logo Theory [Existential Analytic Theory of Meaning]	86
4.3.4. Terror Management Theory	89
4.3.5. Dynamic of Reciprocal Threat Perception	93
4.3.6. Appraisal Tendency Theory	95
4.3.7. Mass-Mediated-Terrorism Concept	99

Table of Contents

4.3.8. The Robespierre Affect	115
4.3.9. Emotional Contagion / Social Influence Theory	117
4.3.10. Affiliation Theory	120
4.3.11. Conservation of Resources Model	123
4.3.12. Social Support Deterioration Deterrence Model	125
4.4. Chapter Conclusion	130
5. Chapter: Analysis and Conclusion	147
5.1. Introduction	147
5.2. Identification and Categorisation of Measures	147
5.3. Nine Critical Tasks	150
5.4. Priority Tasking in Different Crisis Phases	157
5.5. Rings of Resilience Model	159
5.6. Measures	161
5.6.1. Task and measures during the Mitigation and Preparedness Phase	163
5.6.2. Tasks and measures during the Response Phase	173
5.6.3. Tasks and measures through the Recovery and Coping Phase	177
6. Chapter: First Case – The United Kingdom	189
6.1. Introduction	189
6.2. The United Kingdom's Approach to Counter-Terrorism	189
6.2.1. ACT: Action Counters Terrorism	194
6.2.2. ACT: RUN, HIDE, TELL – How to respond to a Firearms or Weapons Attack	197
6.2.3. Project Servator	204
6.2.4. ACT Awareness: Identify and Respond to Suspicious Behaviour or Items	209
6.2.5. ACT Strategic (formerly known as Project Argus)	213
6.2.6. Cross-Sectoral Security Communications (CSSC)	213
6.2.7. Step-Change Initiative	216
6.2.8. CTP Information Sharing Platform	219
6.2.9. Crowded Places Programme	221
6.2.10. Loss Mitigation Credit (LMC)	223

6.2.11. National Stakeholder Menu of Tactical Options	224
6.2.12. The City Security Council	226
6.2.13. Secured-by-Design	228
6.2.14. Protective Security Management Systems	231
6.2.15. 'Increasing Crowd Resilience' (ICR) Programme	233
6.2.16. citizenAID RUN-HIDE-TELL-TREAT	236
6.2.17. Local Resilience Forum	241
6.2.18. Non-Damage Business Interruption Coverage	245
6.2.19. Unduly Lenient Sentence Scheme	247
6.2.20. Victim Support	248
6.3. UK Case Study Conclusion	251
7. Chapter: Second Case – The Republic of Singapore	257
7.1. Introduction	257
7.2. Singapore's Counter-Terrorism Approach	257
7.3. Singapore Community Programmes	268
7.3.1. Training and Engagement	268
7.3.1.1. SGSecure Movement	268
7.3.1.2. SGSecure Media Cluster	272
7.3.1.3. SGSecure Community Network	274
7.3.1.4. SCDF Community Emergency Preparedness Programme	275
7.3.1.5. SCDF-PA Civil Defence Ready Homes Programme	278
7.3.1.6. SCDF Emergency Preparedness Centre	280
7.3.1.7. The Singapore Discovery Centre	281
7.3.2. Volunteering	284
7.3.2.1. Volunteer Special Constabulary – Police Officer Scheme	287
7.3.2.2. Volunteer Special Constabulary – Community Officer Scheme	288
7.3.2.3. Neighbourhood Watch Zone Liaison Officer Scheme	289
7.3.2.4. Civil Defence Auxiliary Unit Officer Scheme	290
7.3.2.5. Emergency Preparedness Programme	292

Table of Contents

7.3.2.6. Save-A- Life/Community First Responder Programme	293
7.3.2.7. Citizens on Patrol Programme	295
7.3.2.8. Riders on Watch (ROW) Volunteer Scheme	296
7.3.2.9. Silver Watch Group Ambassador Programme	297
7.3.2.10. Community Engagement Programme	298
7.3.2.11. Inter-Racial and Religious Confidence Circles	300
7.4. Singapore School Programmes	302
7.4.1. Teaching and Engagement	302
7.4.1.1. National Education	302
7.4.1.2. Heritage Education Programmes	303
7.4.1.3. Total Defence Social Studies Syllabus	305
7.4.2. Volunteering	306
7.4.2.1. National Civil Defence Cadet Corps Programme	307
7.4.2.2. Civil Defence Lionhearters Club (Post-secondary Schools)	309
7.4.2.3. Junior Civil Defence Lionhearter Programme (Primary schools)	310
7.5. Singapore Private Sector Programmes	311
7.5.1. Training and Engagement	312
7.5.1.1. SGSecure@Workplaces Programme	312
7.5.1.2. Project Guardian Scheme	314
7.5.1.3. Security-By-Design – Guidelines for Enhancing Building Security in Singapore	315
7.5.2. Volunteering	317
7.5.2.1. SCDF Corporate Safety & Security Programme	317
7.5.2.2. Safety and Security Watch Group Scheme	318
7.5.2.3. Corporate First Responder Scheme	320
7.5.2.4. Industry Safety and Security Watch Group Scheme	321
7.6. Singapore Victim Support	323
7.7. Singapore Legal instruments	327

Table of Contents

7.8. Singapore Case Study Conclusion	336
8. Chapter: Cross-Case Comparison and Conclusion	339
8.1. Introduction	339
8.2. Assessment	339
8.3. Case Study Conclusion	346
9. Chapter: Synopsis	349
9.1. Implications for Academia	367
9.2. Implications for Practitioners	369
References	373

List of Figures

Figure 1: Left image gives an example of the reported resilient response to Glasgow Airport Attack 2007.	34
Figure 2: Right image gives an example of the reported resilient response to the London Bridge attack in 2019.	34
Figure 3: A snapshot of clusters based on category, created by CiteSpace.	56
Figure 4: “ <i>A Framework for Establishing Critical Infrastructure Resilience Goals</i> ” published by the <i>National Infrastructure Advisory Council</i> .	61
Figure 5: Exemplary “ <i>interdependencies among seven different infrastructure sectors and subsectors</i> ”.	62
Figure 6: “ <i>Resilience as a complex system</i> ”.	63
Figure 7: Park & Folkman’s <i>Model of Global and Situational Meaning</i> .	72
Figure 8: Amended Park & Folkman’s <i>Model of Global and Situational Meaning</i> .	74
Figure 9: Non-basic complex emotions evoked by terrorism marked in Plutchik’s <i>3D Wheel of Emotion</i> .	98
Figure 10: Amended Modell of “ <i>Terrorism, the Triangles of Political Communication, and the Internet</i> ”.	100
Figure 11: Image carried by the press of hijackers and hostages at Dawson’s Field in Jordan in 1970.	102

List of Figures

Figure 12: Examples of dramatised and undifferentiated headlines in the media coverage of terrorism.	103
Figure 13: The Social Support Deterioration Deterrence Model.	126
Figure 14: <i>Distribution of 197 measures across the 12 Theories/Models.</i>	130
Figure 15: <i>Number of resilience-enhancing aggregated government measures, identified during the three crisis phases of a terrorist attack, based on the analytical distillation process of the 197 measures, outlined in the previous chapter.</i>	158
Figure 16: <i>Rings of Resilience Model.</i>	160
Figure 17: Weighing of resilience-enhancing government measures in the different phases in percent.	162
Figure 18: Shows the mix and number of resilience-enhancing aggregated measures available to authorities during the Mitigation and Preparedness Phase.	163
Figure 19: Shows the mix and number of resilience-enhancing aggregated measures available to authorities during the <i>Response Phase.</i>	173
Figure 20: Shows the mix and number of resilience-enhancing aggregated measures available to authorities during the Recovery and Coping Phase.	177
Figure 21: Screenshot from “Life Has No Rewind Button” /ACT cinema campaign running for eight weeks in UK cinemas “ <i>to deliver [...] messaging with fewer distractions, more impact, and to more hard-to-reach audiences such as young people.</i> ”	195
Figure 22: Campaign leaflet with core advice “ <i>RUN. HIDE. TELL</i> ”.	197

Figure 23: “RUN, HIDE, TELL” cut-out in <i>The Sun</i> .	200
Figure 24: Screengrabs from “ACT for Youth: The story of NUR, EDIH, LET” education film with simple advice for young people.	201
Figure 25: ACT message adaptation for young people in NPCC’s leaflet.	202
Figure 26: <i>Project Servator</i> advertisement encouraging commuter vigilance & cooperation in the London underground.	205
Figure 27: Extract of <i>Project Servator</i> leaflet handed out by the Police asking the public for their support.	206
Figure 28: <i>Project Servator</i> – Authorised firearms officers deployed as reassurance and deterrence measure in the City of London.	207
Figure 29: <i>Project Servator</i> deployment by North Yorkshire Police.	208
Figure 30: The five UK threat levels and the appropriate protective security response levels for businesses.	225
Figure 31: The four levels of risk of terrorist attacks.	230
Figure 32: <i>PseMS</i> : Organisational security assurance through tangible business practices and controls.	232
Figure 33: <i>KrowdSafe</i> mobile application screenshot.	234
Figure 34: Exemplary <i>KrowdSafe</i> alert and response process.	235
Figure 35: Screenshots of citizenAID’s straight-forward user interface.	237
Figure 36: <i>citizenAID</i> public outreach example	238
Figure 37: citizenAID volunteers at community events.	239

List of Figures

Figure 38: <i>London Resilience Forum</i> “resilience through collective activity”.	243
Figure 39: <i>London Resilience Forum</i> stakeholders.	244
Figure 40: The provision of mental health services, financial- and legal support in the UK for terrorism victims are lacking, according to study.	249
Figure 41: Nine critical tasks are reflected in the analysed UK counter-terrorism activities.	252
Figure 42: Two historic <i>Total Defence campaign</i> poster.	261
Figure 43: Overview of the Singaporean activities and measures assessed in this chapter.	267
Figure 44 <i>Promotion and sample scenes from Emergency</i> and 45: <i>Preparedness Days including staged police response to terrorist attack and engagement of residents at booth through police and volunteers.</i>	276
Figure 46: Visitors learn firefighting skills in a gamified immersive way at the <i>SCDF Emergency Preparedness Centre</i> .	280
Figure 47: Poster for the immersive 4-D homeland defence-scenario movie <i>Operation Lightning Crush</i> shown in SDC cinema.	282
Figure 48: Excerpt from the school programme booklet;	283
Figure 49: Promotion Banner for the Area 51o Zombie Apocalypse event.	283
Figure 50: NCDCC learning journey and framework.	308
Figure 51: Press photo from Counter-terrorism exercises at Ng Teng Fong General Hospital.	324

Figure 52: Screenshot from Home Team News by the MHA of the counter-terrorism exercises heartbeat at Ng Teng Fong General Hospital.	324
Figure 53: “ <i>The number of Restriction and Detention Orders issues under ISA against self-radicalised Singaporeans</i> ”, as of Jan 2019.	328
Figure 54: Infographic Infrastructure Protection Act published by the Ministry of Home Affairs, part one.	334
Figure 55: Singapore’s different counter-terrorism activities fall within the nine critical tasks of <i>Strategic Resilience</i> .	336
Figure 56: Comparison of percentage-share of the total number of the assessed programmes in each country across the nine categories.	340
Figure 57: Comparison between the UK and Singapore across Hofstede’s 6 Cultural Dimension.	341
Figure 58: <i>Rings of Resilience Model</i> .	361
Figure 59: Visual Comparison of UK and Singapore .	363

List of Tables

Table 1: In the <i>Deterrence Theory of Conventional Terrorism</i> , Kroenig & Pavel distinguish between four strategies	31
Table 2: The different effects on society from terror attacks versus other disasters.	64
Table 3: Terrorists' " <i>media-centred objectives</i> " according to Nacos.	101
Table 4: Social support and post-disaster social dynamics.	127
Table 5: Collection of measures deduced from the assessment of the different theories.	131
Table 6: Overview of the primary addressees of the measures.	149
Table 7: The different types of resilience-enhancing measures.	149
Table 8: Percentage-share of the total number of the assessed programmes in UK and Singapore in each of the nine categories.	340

Acronyms and Abbreviations

ABTA	Association of British Travel Agents
ACT	Action Counters Terrorism
AED	Automated External Defibrillator
AMLA	Administration of Muslim Law Act
ARS	Asatizah Recognition Scheme
BAKS	Bundeskademie für Sicherheitspolitik
BBC	British Broadcasting Corporation
BID	Business Improvement District
CBRN	Chemical, Biological, Radiological and Nuclear
CCA	Civil Contingency Act
CCTV	Closed Circuit Television
CD	Civil Defence
CEP	Community Engagement Programme
CEPP	Community Emergency Preparedness Programme
CNN	Cable News Network
C2E	Emergency and Engagement Committee
CERT	Community Emergency Response Teams
CFR	Corporate First Responder
COP	Citizens-on-Patrol
CPNI	Centre for the Protection of National Infrastructure
CPR	Cardio-Pulmonary Resuscitation
CPS	Centre for Protective Security
CRR	Community Risk Register
CSM	City Security Magazine
CSSC	Cross-Sectoral Security Communications
CSSP	Corporate Safety & Security Programme
CT	Counter Terrorism
CTP	<i>Counter Terrorism Policing</i>
CTPHQ	Counter Terrorism Policing Headquarters

Acronyms and Abbreviations

CTSA	Counter Terrorism Security Advisor
DARE	Dispatcher-Assisted First Responder
EEAS	European External Action Service
EP	Emergency Preparedness
EPP	Emergency Preparedness Programme
EPC	Emergency Preparedness Centre
GEBSS	Guidelines for Enhancing Building Security in Singapore
HEART	Human Emergency Assistance and Response Team
HTVN	Home Team Volunteer Network
ICR	Increasing Crowd Resilience
IECPs	Islamic Education Centres and Providers
IEM	Integrated Emergency Management
IPA	Infrastructure Protection Act
IPP	In-Place-Protection
IRA	Irish Republican Army
IRT	In-Situ Reaction Teams
IRCC	Inter-Racial & Religions Confidence Circles
ISA	Internal Security Act
iSSWG	Industry Safety and Security Watch Group
LMC	Loss Mitigation Credit
LRF	Local Resilience Forum
JI	Jemaah Islamiyah
JWB	Just-World-Beliefs
MC	Managing Crisis Behaviour
MCCY	Ministry of Culture, Community and Youth
MCI	Ministry of Communication and Information
MDA	Media Development Authority
MHA	Ministry of Home Affairs
Mi5	Military intelligence, Section 5
MoM	Ministry of Manpower
MOH	Ministry of Health
MRHA	Maintenance of Religious Harmony Act
MTFA	Marauding Terrorist Firearms Attack

Muis	Islamic Religious Council of Singapore
NaCTSO	National Counter Terrorism Security Office
NCDCC	National Civil Defence Cadet Corps
NDBI	Non-Damage Business Interruption Coverage
NGO	Non-Governmental Organisation
NE	National Education
NFEC	National Fire and Civil Emergency Preparedness Council
NHS	National Health Service
NPC	Neighbourhood Police Centre
NPCC	National Police Chiefs' Council
NSF	Full-time National Service men
NWZ	Neighbourhood Watch Zone
PA	The People's Association
PBIED	Person Borne Improvised Explosive Device
PCRH	Presidential Council for Religious Harmony
PFLP	Popular Front for the Liberation of Palestine
PSA	Public Service Announcement
PSeMS	Protective Security Management Systems
PSHE	Personal, Social, Health and Economic Education Association
OD	Order of Detention
PLO	Police Liaison Officer
PTSD	Post-Traumatic-Stress Disorder
RAF	Rote Armee Fraktion
RDTs	Rapid Deployment Troops
RO	Restriction Order
ROW	Riders on Watch
RTW	Return-to-Work
SAF	Singapore Armed Forces
SAFE	Security Awareness For Everyone
SAL	Save-A-Life
SARS	Severe Acute Respiratory Syndrome
SCDF	Singapore Civil Defence Force
SCPB	Step-Change Programme Board

Acronyms and Abbreviations

SCQT	Specialised Certificate for Quran Teachers
SDC	Singapore Discovery Centre
SDQ	Specialised Diploma for Quran Teachers
SFA	Standard First Aid
SG	Singapore
SIA	Security Industry Authority
SME	Small & Medium-sizes Enterprise
SOI	Subject Of Interest
SPF	Singapore Police Force
SRC	Security Review Committee
SSDDM	Social Support Deterioration Deterrence Model
SSWG	Safety and Security Watch Group
SWG	Silver Watch Group
TMT	Terror Management Theory
UKCTP	UK Counter Terrorism Policing
VAW	Vehicle As a Weapon (attack)
VSC	Volunteer Special Constabulary